



September 2024

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A Message from Pastor Laura

At the Last Judgment, I will not be asked whether I was successful in my ascetic exercises, not how many bows or prostrations I made. Instead, I shall be asked if I fed the hungry, clothed the naked, visited the sick and the prisoners.

- Maria Skobtsova, 20th-Century Russian Nun, known as Mother Maria



Am I the only one wondering how we've arrived at this point? How are we still facing such turmoil during presidential elections? How much longer will we endure national division along party lines? How many more families will be torn apart? How many will succumb to extremism? How many more lies will we tolerate? How many more commercials will we see? How long, O Lord, how long?

Despite these pressing questions, answers remain elusive. As we navigate this election season, we can find guidance in the example of Jesus Christ. First, let's reflect on Jesus's servanthood. Jesus came not to wield power but to serve those in need. Scripture tells us he came to serve, not to be served. This is vividly illustrated at the start of his ministry, when he resists the temptation of worldly power in the wilderness. Even when Scripture is used to entice him, Jesus chooses service over dominance. He dedicates his life to feeding the hungry, healing the sick, and uplifting those whom society has cast aside.

Second, consider Jesus's humility. Elections often become arenas of hubris and self-promotion. In contrast, Jesus embodies a different path. He never seeks a crown, a throne, or worldly authority. Instead, he walks the earth as an itinerant preacher in sandals, with no home and no stable career. God chooses to reveal Godself through Jesus, who is born into poverty, grows up as a refugee, and lives as a wandering preacher before dying on a cross. Even in his resurrection, Christ's glory is expressed in a humble act—cooking breakfast for his disciples.

Jesus Christ, the Son of God, provides us with a model of servanthood and humility. I pray that we may all be granted the grace to embody these virtues throughout this election season.

In Christ's Joy,
Pastor Laura

Music Notes

By Shelby Gracey

A heartfelt “Thank You!” goes out to everyone who gave of their time and talent to offer special music for worship this summer. As always, much appreciation to my dependable GPM Guys for stepping in numerous times to help throughout the summer, as well as to Ryan Gracey for leading the music while I was on vacation. And thank you to our special guests Scott Conboy & Ron Brusceci from Unity Presbyterian Church in Greentree, as well as Becky Rickard from Southminster Presbyterian Church. This congregation has many talented musicians, and we’re grateful for your willingness to serve God in this way.

On behalf of the Music & Worship Commission, I’d also like to express our appreciation for our elders Chip McCoy and Dave Petty who led us in worship this summer on weeks when Pastor Laura was on study leave and vacation. It takes many people to keep our worship services vibrant and meaningful, and we thank everyone for their contributions to make that happen!

Now that summer has flown by, that means that the Chancel & Bell Choir seasons will be resuming for the Fall! Our first rehearsal for the Chancel Choir will be held on **Tuesday, September 3 at 7:30 p.m., in the choir room**, with the first time to sing in worship on Sunday, September 8. We always have room for MORE choir members, and we’d love to have you join us! Feel free to contact me if you have an interest in joining the choir!

The Campanile Bells will also resume in September, with our first rehearsal on **Tuesday, September 17 at 6:30 p.m. in the choir room**. While ringing dates are still being determined, the bells will offer music in worship three or four times during the Fall & Advent/Christmas season, as well as several times in the Winter and Spring season.

As we all know, one change that happened as a result of the pandemic was that the choir no longer sits up front in the choir loft. While this was a welcome change for many, as that allowed choir members to sit with their families in the sanctuary, it did

result in us losing the choir singing the choral introit, as well as a benediction response each week. ***We’re going to try something new beginning September 8!*** The entire congregation will have the opportunity to sing the introit and benediction each week! At the beginning of worship, following the Christ Candle prayer, there will be a short song that everyone will sing to open our worship. That song will be repeated for a few weeks, and then changed to a different song, probably each month. The closing benediction that we’ve been using from the Northumbria Community has a tune written for it. That tune will be introduced on September 8 for everyone to learn. (If you were in worship when the Rev. Dr. Charissa Howe preached on June 30, you heard her sing the tune.) We’ll all sing the benediction as a closing to our worship service each week. The goal is that by adding some new ideas and tunes in worship, we can keep our service fresh and vibrant, and everyone has the opportunity to participate!

Welcome to our New Sunday Sexton



Please Welcome Mike Duffner as he assumes the Sunday Sexton position when Riley Farabaugh begins his college career at Slippery Rock.

Mike will see that SHUP is prepared for our Sunday service, including focusing the spotlight and handling the Wednesday evening garbage duties. Thanks to Riley for his one and a half year of service; and to Mike for his continued involvement in the life of SHUP.

Days for Girls (DfG)

Pittsburgh South PA Days for Girls (DfG)

More than 500 million people worldwide do not have what they need to manage their periods. DfG is an organization that sends reusable menstrual kits all over the world to help those in need. Our chapter is focusing on sewing the drawstring bags that are used to hold all of the supplies in the kit.

When?

Wednesdays

10 am – 2 pm

Where?

Sunset Hills United
Presbyterian Church

Wilson Hall

Enter through the side door of the
large parking lot.

900 Country Club Drive
Pittsburgh, PA 15228

Donations Needed:

- Polyester Thread
- -5/8 Grosgrain Ribbon
- Sewing Scissors
- Seam Rippers
- Sewing Lights
- Rotary Cutters
- Straight Pins

Monetary donations also accepted.



South Hills Interfaith Movement (SHIM)

Clothing Closet

The SHIM free Clothing Closet has reopened and is now located at the South Hills Church of the Nazarene (5601 Library Road, Bethel Park). The Clothing Closet provides over 2,500 clothing and small household items to those in need each year.

The Clothing Closet operates on Monday's from 10 am – 1 pm. If you would like to donate to this cause, donations are accepted during those same hours. They accept *gently used or new in-season clothing, shoes, and household linens in good condition.* Due to space limitations, they do not accept out of season clothing, large household items, or furniture.

If you would like to donate to the SHIM Clothing Closet and are not able to visit during their drop-off hours, you can leave the items in the closet at the bottom of the stairs outside of Findley Hall. A member of the Mission Commission will deliver them for you.

Food Donations

SHIM purchases needed items for their pantries from the Greater Pittsburgh Community Food Bank, but there are certain foods that are not available at wholesale purchase. Because of this, SHIM needs the help of generous donors like you.

SHIM accepts donations of food items every M, T & W from 10 am until 4 pm. (5301 Park Avenue, Bethel Park). Or you can place



your items in one of our grocery carts located in the Findley Hall closet or in the Narthex and a Commission Team member will deliver them to SHIM for you.

Their most needed items are:

- Dried Beans & Lentils
- Pasta Sauce in Jars
- Cereal & Oatmeal
- Soup (low sodium)
- Condiments & Spices
- Adult Diapers
- Baby Diapers (size 4-6)
- Baby Wipes
- Dog & Cat Food
- Personal Care Items

2024 BORDER-TO-BORDER DELEGATION:



Coffee, Migration & Faith

Join with people on both sides of the border for a pilgrimage from the US/Mexico border to the Mexico/Guatemala border, exploring the connections between coffee, migration, and faith.



From Douglas, Arizona & Agua Prieta, Sonora to Salvador Urbina, Chiapas

- Walk the migrant trails where coffee farmers walked
- Visit the Café Justo roasting facility
- Get an overview of the US border policy
- Talk with ranching families affected by migration
- Enjoy meals with families who have migrated from Chiapas to Agua Prieta
- Spend time in biblical reflection and prayer
- Enjoy a fiesta with members of the coffee cooperative
- Participate in harvesting coffee
- Enjoy fellowship and meals with the co-op families
- Talk with parents whose children have migrated
- Participate in a grower meeting
- Visit the new Café Justo El Aguila Cooperative
- Tour the Mexico/Guatemala Border
- Visit the Scalabrini Migrant Center in Tapachula
- Visit local markets and a butterfly sanctuary
- See local waterfalls and popular sites
- Drink lots of great coffee

Oct 18-26, 2024



Register Online



- **Cost: \$1,800**
- **\$200 to reserve a spot**
- **\$800 due August 15**
- **\$800 due September 15**
- **Limit 15 participants per trip**

For more information or to register, contact Mark at 520-364-9257 or mark@fronteradecristo.org

All expenses included from Douglas, Arizona, except for two meals on travel days. Based on round trip air travel between Hermosillo and Tapachula. We may be able to arrange for a flight back to the airport of your choice from Mexico City at no additional cost if we know by September 1. If the cost is more, you would be responsible for the difference.

Session News



Can Session meetings be fun?! The Sunset Hills Session moved their July meeting to the Chip McCoy farm. The gathering commenced with a hay ride and the meeting took place over ice cream. Business was conducted decently and in an orderly manner...with a sunset and bird song in the background. Thank you to Chip for being such a generous host!



CE Camp Crestfield Scholarship

We sent a camper to Crestfield! The Christian Education commission provided a scholarship for Fritz Strauss to attend sleepover camp at Crestfield Camp and Conference Center from July 7 - 12. He learned all the old Christian camp songs, made friends from local Presbyterian churches, and discovered a gift for archery. All kids are invited to apply for this summer camp scholarship and we look forward to sending more kids to Crestfield in 2025!



Thank You

Dear SHUP Family,

Thank you very much for the cards, words of well wishes, and the flowers. It was a lovely act of kindness that was very much appreciated.

Love,

Barb Geary

The Staff at SHUP would like to thank the anonymous donor for our "summer bonus." Your generosity and thoughtfulness are much appreciated.

Thank you,

The SHUP Staff

Dear SHUP Family,

The beautiful altar flowers added so much to our family gathering Sunday afternoon and days beyond. Thank you so much!

Blessings,

Ray & Ginny Bowman



On The Move

Two members of Sunset Hills Church have moved recently. Below are their updated addresses:

Betty Coffey

Paramount Senior Living
5785 Baptist Road
Room 315
Bethel Park, PA 15102

Cheryl Moeller

Greentree Skilled Rehabilitation
1848 Greentree Road
Room 324
Pittsburgh, PA 15220

If you have moved recently or changed any contact information, please let us know! You can email the church office at sunsethillschurch@gmail.com.

Mission Opportunities

Another opportunity for Mission! This one is closer to home. A month or so ago, SHUP connected with a local nonprofit called Global Links, located a few miles away in Greentree. Their representative Stacey Badow visited us for an after-worship presentation. She told us about the origins and purpose of Global Links which collects used medical equipment for repair and repurposing to individuals and clinics in faraway places. As you know, the devices you receive with medical procedures, like braces, crutches, walkers, and shower chairs, as well as

GLOBAL LINKS Sharing Surplus. Saving Lives.

wheelchairs often sit around waiting for another use. Also, in Pittsburgh we have many medical and educational institutions that have surplus and upgrades and renovations. Much of this equipment can be recycled.

Your Mission team would like to act as a collecting agent for this equipment. When you have such items, regardless of their condition, please consider leaving them in the closet near the back door of SHUP.

We will see that they get to Global Links.

If you are interested in seeing how Global Links functions, in the fall we will be taking a field trip to Greentree for a tour and a couple hours of volunteer work, probably sorting donations.

But for now, just remember to check your storage spaces where you stuffed these medical assists that you paid for, but will never use again, and bring them to the church. Hopefully this mission will be ongoing. No hurry.

Your Mission Commission

Mission Immersion Opportunity

Program Overview:



“Travel and serve together with a team of 7-14 adult individuals, age 45 and up, for 2 weeks of adult cross-cultural exchange, learning, and Ministry in South Texas, along the U. S./Mexico border, and South Africa.

In South Texas, you will meet people caught at the border, and speak with immigration and border personnel as they share the realities of this conflict and the toll it takes on everyone engaged. The team will travel to Mexico to see the other side of the border and have an opportunity to share in a local church service with people who are searching for acceptance and hope for a new life.

After this, the group will travel to South Africa! to broaden their perspective and discover genuine faith in a new context. They will serve and learn together while engaging in conversations about the intersections of history, race, injustice, the global Church, and what it looks like to make a difference as a follower of Jesus in the midst of these challenges.”

The trip is for individuals (\$4200 each) or married couples (\$7800 for both) age 45 and up. The next available dates are April 11-25, 2025.

For more information see [Christian Mission Trips | Youth Group & Adult Mission Trips | EM \(experiencemission.org\)](http://www.experiencemission.org).

Grow Spiritually

IMMERSION participants are challenged to develop a better understanding of who they are and who God is. Grow in faith and maturity and begin to discover who God created you to be.

EM's Statement of Faith

Serve Others with Your Daily Life

IMMERSION teams serve in simple, yet profound ways, seeking to be a picture of God's love to everyone you meet. You will be challenged to consider that HOW you serve is just as important as WHAT you do.

EM's Approach to Missions

Experience Authentic Community

Grow in your capacity for meaningful, life-changing relationships, centered on love for God and care for others—with your team and people from different cultures and faith communities you encounter around the world.

Mission at the Border

If we all share a little, there will be more than enough.

- volunteer at the Douglas Welcome Center during an organizational gathering as the community prepared to welcome persons released by Border Patrol



“Wouldn’t releasing so many people a day be seen as a burden to your community?” asked Nathan, a reporter from The Globe and Mail, Canada’s largest newspaper, while interviewing Mark on the Frontera de Cristo (FDC) porch in Douglas last week. He had come seeking to gauge community reaction to the Biden Administration’s recent executive action to increase expulsions into Agua Prieta and other Mexican border communities.

Implicit in that question was that vulnerable families, men, women and children who are fleeing extreme violence or poverty or are seeking to be reunited with family in the U.S., are burdens, as opposed to human beings created in the divine image, beloved by God. What the question failed to capture is that there will be an extra burden on the already vulnerable population being returned.

This was just another election year change in U.S. government policy that is guided by fear and fails to create solutions for the safe and orderly transit of persons seeking refuge, opportunity, and/or family reunification in the United States.

In February of 2021, the leadership of the Douglas Border Patrol Station reached out to [Frontera de Cristo](#) and asked for help. They said that they were going to begin releasing up to 100 people a day in Douglas, Arizona, and wanted to know if we could provide a place where they could release them instead of just releasing them on the streets of Douglas. We responded that we would provide the best welcome we

could but encouraged them to release the people in Tucson where there is an airport, a bus station, and a train station that people could use to get to their family and/or sponsors.

We were told that Border Patrol was not going to “prop up a broken system anymore,” and once large numbers of persons were released in small communities there would not only be angry communities but also “there will be media” that would spread the news of the broken system.

Since December 15, 2020, the Tucson Sector Border Patrol had been transporting people for over four hours from the western part of Arizona and expelling them in the middle of the night into Agua Prieta without telling people where they were being dropped off. The [Migrant Resource Center in Agua Prieta](#) responded by increasing its capacity to welcome vulnerable populations and keeping the Center open for 24 hours. The team of volunteers welcomed 30,297 men, women and children from December 2020 to December 2021. In 2022, the team welcomed more than 42,000 men, women and children.

Last month, we had lunch with a delegation from St. Ignatius High School (San Francisco) at the Douglas Welcome Center which, in a six-month period, welcomed 8,500 men, women and children who were released by Border Patrol before the recent executive order.



Article continued on page 9.

Mission at the Border (cont.)

On June 8, we celebrated the 24th Anniversary of the [Exodus Migrant Attention Shelter \(CAME\)](#), a ministry of the La Sagrada Familia Catholic Parish with whom we have partnered throughout their existence. CAME has provided shelter and food for thousands of people in transit over the past 24 years. Lorenzo, who had fled his community in Chihuahua with his wife and three children because of threats to their lives, and had waited for over two months to petition asylum at the Port of Entry, asked us, “How long do you think it will be until we can apply?” He felt stuck—without the possibility of returning to the beautiful but dangerous forested mountain home and not knowing when or if they could apply for asylum.

On June 30, we celebrated the 18th anniversary of the Migrant Resource Center (MRC), which has welcomed more than 200,000 men, women and children who have been expelled from the U.S. or who are waiting to seek asylum in the U.S.

- 18 years of choosing welcome
- 18 years of choosing to recognize the divine image in persons in transit and resisting the demonization of the most vulnerable among us
- 18 years of choosing to live in faith, hope and love and resisting fear, hate and exclusion
- 18 years of cultivating community across borders
- 18 years trusting that if we all share a little there will be more than enough.

We are super grateful for:

- the “great cloud of witnesses” who have gone before us and lived out the Gospel value of hospitality: Doña Ester, Chayito, Benito, Father Bob, Pastor Chuy and so many others
- the hundreds of volunteers over the years
- the more than 200,000 persons who have sought refuge in the MRC
- the thousands from churches, universities, seminaries and high schools who have come to learn from the community of faith here, encouraging, supporting and praying for us
- the individuals, churches and organizations that “share a little” financially or with “in kind” donations.



In a world where persons migrating are increasingly demonized and scapegoated, may God give us all courage, wisdom, and an abundance of love and compassion to choose welcome!

We are grateful to be a part of a bi-national community that chooses welcome and rejects labeling vulnerable populations as “burdens.” We are grateful to be a part of a community that lives by the words of the Douglas volunteer and the example of people of faith on both sides of the border: “If we all share a little, there will be more than enough.” We are grateful to be a part of a bi-national community that seeks to live out the values of Jesus and rejects the temptation to respond in fear when confronted with the suffering of the world. We are grateful for you whose prayers, and words of encouragement and support strengthen our community of welcome.

*Blessings,
Mark and Miriam*

**Frontera
de
Cristo**

Welcome New Members

Ted & Patience Bergfelt

Patience and Ted Bergfelt joined SHUP in July after living in Sunset Hills for sixteen years. They had not been attending any church for several years, but Ted began to experience spiritual needs and visited SHUP repeatedly. They were introduced to SHUP years earlier when their daughter, Sarah, attended our Wednesday Youth Club after school, and they watched some of our worship services online during the COVID epidemic. They were looking for a church in the South Hills near their home, and they found SHUP to be very friendly and welcoming.

Ted is the humanities librarian and teaches research courses at Duquesne University. He shared that he and a



buddy had sometimes dressed and acted as clowns during high school. He applied to Ringling Brothers clown school after graduation and was not accepted! (We would enjoy him clowning at some of our social gatherings, wouldn't we?!) Patience was self-employed for twenty years, selling books, media, and toys online. The COVID epidemic and her cancer

diagnosis were very difficult times, but thankfully, she has recovered well. Patience enjoys sewing, crocheting, and quilting; although she now feels quilting is just cutting up fabric and then sewing it back together! She's taking piano lessons and hopes to play at SHUP in the future.

Both Ted and Patience have joined the SHUP choir. Patience and Sarah volunteer with Days for Girls. Sarah is now living at home while she completes her master's degree in biomedical engineering. They enjoy their four rescued cats and are working to have their yard certified as a Wildlife Habitat.

We're so pleased and honored that they're members now!

Submitted by Ginny Bowman



Kristina Hnath

On Sunday, May 5, 2024, we joyfully welcomed Kristina Hnath (pronounced "nath") as a new member of our church after also witnessing her baptism.

"Kris" grew up in the Kissimmee, Florida, area where both her parents worked for Walt Disney World. She attended daycare there which she said was "magical." When Kris was a young adult, she moved to North Carolina to help her brother's wife with their young daughter while he was deployed in Iraq. Then, about six or seven years ago, Kris's brother's family moved to Mt. Lebanon, and she came to help them with their second child. Her parents came to visit all of them and decided to move here as well, and now live in the North Hills.

Kris didn't expect to stay here, but then she met Jack while she was working as a server at The Saloon. They dated for a few years and were married in September 2023. She now works as a dental assistant. Jack, who

is from Mt. Lebanon, is involved in various endeavors, sort of a jack-of-all-trades.

While living in Florida, Kris attended a Presbyterian church with her grandmother and aunt, so when she was interested in finding a church here, she searched online for one nearby and found SHUP. She and Jack enjoyed our services, and she remarked that, "Everybody is friendly. They are super genuine people."

Kris loves dining out, especially at Mexican and seafood restaurants, and going to the movies. And now she's excited about traveling since Jack introduced her to Italy last year. But their greatest adventure awaits them in December when they are expecting the birth of their first baby!

Submitted by Lee Cepits

General Assembly – Salt Lake City

Commissioners to the 226th General Assembly discerned God’s will in numerous ways during the past six days. What follows are 10 of the most significant things they did at the Salt Palace Convention Center and in neighboring churches between June 29 and July 4.

The Rev. Jihyun Oh is elected, then installed, as Stated Clerk
 With family members laying on their hands and more than 500 commissioners and advisory delegates in full-throated support, the Rev. Jihyun Oh, director of Mid Council Ministries in the Office of the General Assembly, was elected and then installed Monday as the next Stated Clerk of the General Assembly of the Presbyterian Church (U.S.A.). “I love this church for who we have been, warts and all, and for who we are now, and who we will become as we faithfully discern God’s call for us,” Oh told the Assembly.



The Rev. Jihyun Oh is joined by her family on the platform to lay hands on her and participate in the litany of her installation as the next Stated Clerk of the General Assembly during the fourth plenary meeting on July 1, 2024. Photo by Rich Copley

Both portions of the ‘Olympia Overture’ are approved
POL-01, which had been divided into two parts, will amend the Book of Order to include sexual orientation and gender identity among the categories against which this Church does not discriminate. Lengthy discussions took place on this item. The item will be sent to presbyteries for ratification.

The Rev. CeCe Armstrong and the Rev. Tony Larson are selected as Co-Moderators

Hailing from adjacent presbyteries in South Carolina, the Rev. Tony Larson and the Rev. CeCe Armstrong were elected on the first ballot on Sunday by a 249-171 count over the Rev. Danny Morales and the Rev. Dr. Marian McClure Taylor. Prior to their election, Larson and Armstrong sported stoles that formed the PC(USA) logo — but only when they stood next to one another. They called that a symbol of working together for the good of the Church and those it serves.

General Assembly backtracks on complete divestment from the fossil fuel industry

In a surprise reversal on Tuesday, the Assembly made an about-face by deciding against complete divestment from the fossil fuel industry after having voted in favor of it that morning. After tough and lengthy discussion, commissioners voted to disapprove **ENV-02** and instead go with an amended version of **ENV-06**.

‘Our ancestors’ wildest dreams’



The Rev. Dr. J. Herbert Nelson, II
 Photo by Kristen Gaydos

In a tribute brimming over with affection, admiration, gratitude, tears, laughter and the occasional touch of irreverence, the Rev. Dr. J. Herbert Nelson, II, the former Stated Clerk of the General Assembly of the PC(USA), was joyfully celebrated for changing the denomination that shaped and changed him. Throughout the evening, Nelson — who retired in 2023 — was lauded for cultivating young adult leadership and for his never-ending commitment to addressing social justice challenges including poverty, discrimination and gun violence.

GA commissioners and advisory delegates got a lot done in Salt Lake City

Next stop: Milwaukee

On Wednesday, the Assembly voted to accept the Presbytery of Milwaukee’s invitation to host the 227th General Assembly in 2026. Commissioners resisted a motion to hold both committee and plenary sessions in person. Instead, they’ll occur just how they did in Salt Lake City: committees meeting online, and plenary sessions occurring in person.

Article continued on page 12.

The 226th General Assembly is one for the ages

Commissioners agreed to per capita levels for 2025 and 2026 and approved the unifying budgets for both years. They also paid tribute to the tireless work of the Acting Stated Clerk, the Rev. Bronwen Boswell, and the newly elected Stated Clerk, the Rev. Jihyun Oh.

Technology, committee support pass the test at General Assembly

Headed into plenary sessions following three days of online committee work, Acting Stated Clerk the Rev. Bronwen Boswell and the Director of GA Planning, Kate Trigger Duffert, lauded preparations by commissioners and advisory delegates to learn how to use MyGA, where the work of plenaries and committees was conducted. "We've used these tools before, but learning something new when you're isolated is a challenge," Trigger Duffert said.

Young Adult Advisory Delegates participate in GA orientation

Eighty-two YAADs from across the country received orientation on Saturday Led by the Rev. Katrina Pekich-Bundy and Ekama Eni. In part, a YAAD's role is to make commissioners aware of issues and ideas they might not otherwise had known about. The leaders offered the YAADs Zoom debriefs following committee meetings and plenaries.



Utah churches welcome commissioners and advisory delegates

The Presbytery of Utah churches put out their welcome mats for those attending the 226th General Assembly. Following worship, guests and church members alike enjoyed food and fellowship.

Anna White of Palo Duro Presbytery asked Stated Clerk nominee the Rev. Jihyun Oh a question during the orientation. Photo by Rich Copley

Copied from Mike Ferguson | General Assembly News - July 4, 2024



If someone sends you money and asks you to send it to someone/somewhere else, STOP!

Scammers will pretend to offer you a job, say you've won a prize or start an online relationship with you. Then they want to send you money and ask you to send it to someone/somewhere else.

This is stolen money. There is no job, no prize, and no relationship. The scammer is trying to get you to be a "Money Mule."

If you deposit a scammer's check, it might clear. But, when the bank discovers that the check is fake, you will have to repay the bank. And, if you help someone move money – even if you didn't know it was stolen – you could get into legal trouble.

Criminals are good at conning people into helping them move money. Don't do it. You could lose money and get in trouble with the law.

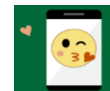
HOW TO AVOID MONEY MULE SCAM



Never use your own bank account to transfer money for anyone else!



Never pay money to collect a "prize" or transfer money from those "winnings."



Never send money to an online love interest, even if they sent money first.

FTC.GOV/PassItOn
(877) FTC-HELP

September Information

Adult Sunday School **9:00 am – Cort Room**

The class will continue to meet on Sunday mornings. The class will finish up Amy-Jill Levine's series on the Old Testament in September.

On October 6th, the class will begin a study on the *History of Christianity: From the Disciples to the Dawn of the Reformation* with instructor Luke Timothy Johnson.

Fellowship Hour **First Sunday of the Month**

We will continue to hold fellowship after the worship service on the first Sunday of every month. If you would like to host one Sunday, please sign up on the sheet outside of Findley Hall.

Sunday Worship **10:15 am**

If you are not able to join us in person, a video of the service will be posted to our YouTube channel on the Monday after the service: [Sunset Hills Church - YouTube](#). You can get a copy of the bulletin by clicking on the link on the homepage of our website www.shupchurch.org.

Findley Hall Bible Study **Monday – 1:00 pm**

The Findley Hall Bible study will begin meeting again on September 16th.

If you would like to learn more about this study, please contact Jody Colby at jody.colby@verizon.net.

Tuesday Afternoon Bible Study **Tuesday – 1:00 pm – Cort Room**

The class will begin meeting again on September 10th. If you are interested in learning more, please contact Carole McCullough at (412)343-5758.

Yoga **Tuesday – 5:30 pm - Crystal Hall**

Instructors from BreaheIn2It Yoga will start their Tuesday evening fall session on September 3rd at 5:30 pm in Crystal Hall.

To sign up or learn more, please visit: [Online Stress Management & Anxiety Relief Programs \(breathein2it.com\)](#).

Campanile Bells Rehearsal **Tuesday - 6:30 pm**

Bells will have practice in the sanctuary beginning September 17th.

Peanuts Square Dancing Club **Tuesday - 7:00 pm**

The Peanuts Square Dancing club will meet in Crystal Hall. Everyone is welcome, no partner or previous experience is needed. There is a cost of \$5/class.

Chancel Choir Practice **Tuesday - 7:30 pm**

The Chancel Choir will have their first practice on September 3rd.

Days for Girls **Wednesday – 10:00 am**

Days for Girls will meet in Wilson Hall every Wednesday in September.

Tai Chi **Wednesday – 6:30 pm**

Gurney Bolster, certified Tai Chi instructor, will begin a new 8-week session on September 18th. If you are interested in learning more about these classes, please contact Gurney at: gurneybolster@gmail.com.

Yoga **Thursday's – 9:15 am - Crystal Hall**

Instructors from BreaheIn2It Yoga will start their Thursday evening fall session on Thursday, September 5th at 9:15 am in Crystal Hall.

To sign up or learn more, please visit: [Online Stress Management & Anxiety Relief Programs \(breathein2it.com\)](#).

Office Closed **September 3rd**

The church office will be closed on Monday, Sept. 3rd.

Nursery School **First Day – September 9th**

The Sunset Hills Nursery School will begin their fall semester on September 9th.

September Birthdays

- | | |
|------------------|---------------------|
| 1 Ryan Dawson | 15 Matthew Fako |
| Lisa Ursitz | 20 Carla Greenfield |
| 5 Jeff Allison | 21 Clayton Allison |
| Andrew Gracey | 22 Lily Weidensall |
| Meg MacDougall | Amelia May Yates |
| 11 Fritz Strauss | 25 David Arnold |

Prayer List

Dee Borman



Prayer Circle

We ask that every week you take a moment and add these people to your daily prayers.

Week of:	Praying for:
Sept 1 st	Jessalynn Ellis The Ellis family; John, Angela, Julianna & Jacey
Sept 8 th	John & Pat Ellis Eric & Carol Enterline
Sept 15 th	Nathaniel Enterline Joanne Enterline
Sept 22 nd	The Ernst family; Kevin, Sarah, Charles, Sara & Lorryn Tim & Jill Fako
Sept 29 th	The Farabaugh family; Randy, Darlene, Parker, Bailey & Riley John Fitzwilliam

SHIM Food Donations

Most Needed Items

Dried Beans, Lentils, Pasta Sauce in jars, Cereal & Oatmeal, Soup, Condiments, Spices, Adult Diapers, Baby Diapers (size 4-6), Dog & Cat Food, and Personal Care Items.

SHIM Clothing Closet

Accepting donations of clothes (in season), shoes, and linens (no large household items). Located at the Church of Nazarene (5601 Library Road). Drop-off hours: Monday – 10:00 am until 1:00 pm. *If you are not able to deliver your donations during their hours, you can leave them in the closet outside of Findley Hall and a Mission Commission member will deliver them for you.*

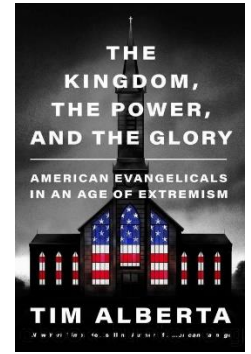
**Sunset Hills Book Club
September Book of the Month**

The Kingdom, The Power, and The Glory

By Tim Alberta

September 25th – 7:30 pm

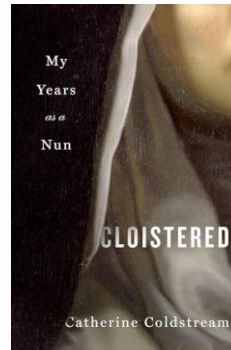
*Evangelical Christians are perhaps the most polarizing—and least understood—people living in America today. In his seminal new book, *The Kingdom, the Power, and the Glory*, journalist Tim Alberta, himself a practicing Christian and the son of an evangelical pastor, paints an expansive and profoundly troubling portrait of the American evangelical movement. Through the eyes of televangelists and small-town preachers, celebrity revivalists and everyday churchgoers, Alberta tells the story of a faith cheapened by ephemeral fear, a promise corrupted by partisan subterfuge, and a reputation stained by perpetual scandal. Sifting through the wreckage—pastors broken, congregations battered, believers losing their religion because of sex scandals and political schemes—Alberta asks: If the American evangelical movement has ceased to glorify God, what is its purpose?* (Amazon Book Description)



October 2024

Cloistered, My Years as a Nun

by Catherine Coldstream
Meeting on October 30th.

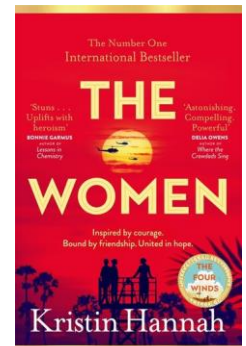


November 2024

The Women

by Kristin Hannah

Meeting on November 20th.



Pet Blessing



Sunday, Sept. 29th

5 pm – 7 pm



Sunset Hills UP Church

900 Country Club Drive



- Blessing of Your Pet by Pastor Laura



- Local Food Truck Vendors

- Donations of Pet Food Accepted



- Kids Games/Activities



SHUPchurch.org

